

# DOSS

# COUNSELING



OCTOBER  
2024

## Bullying Prevention Month

At Doss, we believe that every student has the right to feel safe and supported in their school environment. This month, our classroom counseling lessons will focus on raising awareness about bullying, educating students on its various forms, and promoting kindness and inclusion within our community. For more resources, visit [StopBullying.gov](https://www.stopbullying.gov) and [National Bullying Prevention Center](https://www.nationalbullyingcenter.org).

### BULLYING VS. CONFLICT

Bullying is intentional, repeated behavior that aims to harm, intimidate, or control another person. It often involves a power imbalance, where the bully seeks to assert dominance over the victim. Conflict, on the other hand, is a normal part of relationships and can occur when two or more individuals have a disagreement or differing opinions. While conflicts can sometimes be hurtful, they can often be resolved through communication and mutual understanding.



## Unity Day

### WEAR ORANGE ON OCT 16

October 16th is UNITY DAY and AISD is encouraging everyone to wear Orange, to show support for bullying prevention and for students who have been bullied. Orange symbolizes safety and support. Feel free to send us your pictures!



## No Place for Hate

We will go over the No Place for Hate Promise with all classes and students will sign the pledge. Doss continues to be a community that does not tolerate hate. Click [here](#) for more information. Stay tuned for more activities like Kindness Week coming in November!

## Counselor Wishlists

If you are able and looking for ways to support our efforts:

[Mrs. Perez's Wishlist](#)

[Mrs. Wilkinson's Wishlist](#)

